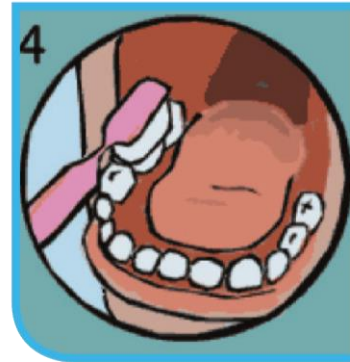


Brushing your teeth



Step 1

- Angle the brush



Step 4

Brush:

- Chewing surface
- Top teeth
- Bottom teeth



Step 2

Brush:

- Front of teeth
- Top teeth
- Bottom teeth



Step 5

Brush back of teeth



Step 3

Brush:

- Back of teeth
- Top teeth
- Bottom teeth



Step 6

Brush tongue

Taken from the Luton learning website: www.welltown.gov.uk

