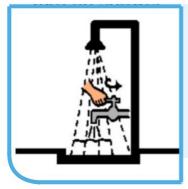


Coventry and Warwickshire Partnership NHS Trust

Shower Schedule



Step 1 Turn on shower



Step 4 Put soap on cloth



Step 2 Get into shower



Step 5 Wash face



Step 3 Wash hair with shampoo



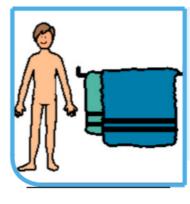
Step 6 Wash under arms





Step 7

Wash body and privates



Step 10 Use towel and dry off



Step 8 Wash feet



Step 11 Brush your teeth



Step 9 Rinse off well



Step 12 Now get dressed

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